



Everyday Wisdoms



A person immersed in the energy of love always feels fulfilled.

Love dwells within us, not outside of us.

Only through the compassion and goodness can our soul be exposed.

Gratefulness will get us through 1,000 grievances and sorrows.

No one can make us feel inferior, if we stay on the throne of ourselves.

Only we alone hold the key that can unlock our potential.

We are at peace when we honor our greatness, no matter the circumstance.

The gift of something dying is something rebirthing.

Never climb the ladder of ambition without integrity, otherwise the fall is not far behind.

Hurt, sadness and sorrow stem from a developed heart.

When we love what we do and who we are, we never long for anything else.

Knowledge can be confusing, but wisdom is always clear.

There is nothing healthier for the mind, body and spirit than gratitude.

Make sure to discern - so good luck will not turn.

Stubbornness blocks great potential and opportunity.

Committing to the one we love creates such sweet fragrance for our soul.

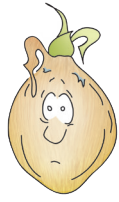
One cannot learn if one cannot listen.

Though money and material things can bring us joy, nothing can bring us true happiness without love.

No matter how bad one behaves, try to remember their good.

Never fight with – fight for!

Do not linger in the feeling of compassion – put it into action.



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The disturbed mind is useless to our highest intelligence.

Dance is meant to bring the body and spirit together.

Never ask another about love, for our own heart knows best.

Our life is the novel and our soul is the title.

Being attached to wealth, more often than not, leaves us feeling poor.

Because our souls are so very sweet, any bitterness we feel comes from denying it.

Our spirit is always generous; it is our personality that needs adjustment.

Most real kings, queens and saints are unknown and anonymous.

Sometimes being silent is the most intelligent thing we can do.

When we emerge from confusion, we empower our intelligence.

Never doubt that there is a vast difference between intellect and intelligence.

What surrounds us is never as beautiful as what is above us.

Love does not thrive through words, only actions.

People who claim their own faults and weaknesses are blessed indeed.

One generous deed spreads 1,000 caring seeds.

Gossip is like a virus, it spreads disease.

Though words of love can be expressed, love without truth is always suppressed.

Sorrow must have a due date so that something joyful can be born.

Never run from self-accountability, nor self-knowledge but escape quickly from self-indulgence and selfishness.

Anger, when used constructively can create many things, whereas anger, when used destructively can destroy many more things.



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Though logic, when applied properly is wonderful, when overused, it can be deadly for wonder.

When joy disappears, seek another avenue for its return.

Realistic hope, not idealistic hope ensures a better outcome.

If we are alive to have something to complain about, it means we also have something to be grateful for.

Finding and funding the meaning of our life is essential for our human fulfillment.

Only through human relationships can we grow and evolve.

We must never let our troubles and hurts define us.

Heartlessness cannot survive when we have a heart-to-heart talk.

Our heart knows many things – so count on it!

When we surround ourselves with kind-hearted people, we protect the life span of our own hearts.

We inflame our spirit when we strategize through our heart-intelligence.

We need not waste precious moments by judging others – or ourselves for that matter.

The higher we go in consciousness, the less afraid we will be.

We are always the authors of our own book of life.

We infuse our problem-solving skills, when we do our due diligence.

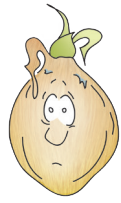
It is important to seek out relationships that mirror our good qualities.

We can recreate ourselves every moment by inspiring ourselves with new thoughts.

Love, though magical, is essential.

When loving someone, we are joined, whether together or in absence.

We polish our heart through our good deeds.



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We have the wherewithal to be the sunlight, no matter how gloomy we feel.

Revealing heaven on earth requires the unraveling of our thoughts.

Patience is the can opener to serenity.

Health is secured to those who pull out the thorns from their heart.

The treasures of life belong to those who seek to discover them.

For those who want to be loved – be loving!

We are here in this world to learn how to love, no matter our differences.

Happiness derived from logic and reason is short lived.

Remember, the gateway to love is never locked.

For love to endure – commitment is the key.

To go for enlightenment – leave childish behavior behind.

Silence is the ear way to knowing.

Safety is the foundation for a healthy relationship.

Our heart is like a flower; it needs to be watered and cared for.

Self will run riot!

Needing instant gratification leads to instantaneous destruction.

External luxury, thought it may have some value, is nothing if we neglect our internal value.

The best medicine when challenges occur is to seek its opportunity for our learning.

Without imagination, dreams cannot be realized.

Knowledge is wonderful, but knowing is better.