

# Universal Truths<sup>®</sup>

*moving mind into matter*

## Introduction

Upon entering the world, we are infused with the Universe's unlimited potential and intense joyful energy. However, in this difficult environment, we unfortunately disconnect from this happiness. When we become exposed to traumatic events, our soul goes into hiding and our ego, which is connected to the dark side, takes over. It is an element that creates illusions, separating us from our purity and disconnecting us from our hearts. Our universal spark diminishes to a pilot light and we exist just trying to survive the challenges of everyday life. Life is 1% how we make it and 99% how we take it. When we respond to our problems in the presence of our true authenticity, our universal spark ignites, diminishing darkness. We no longer react negatively through our ego-based thinking. Instead, we respond positively through our heartfelt feelings.

Our souls are seekers. They strive for unity, scream for harmony and speak only of love. When we rediscover our full universal potential, we pave the way for wellness, not only for ourselves but for the entire world. We no longer live life in the ordinary way. We stop silencing the sacredness of ourselves. We declare our divinity. We make room for the miracles, the wondrous, the spectacular. We know we can part the sea and make one fish into five thousand.

The purpose of the Universal Truths Cards is to shed truths in order to reunite us with our potential, power and purpose. Pick one card a day. Then choose the sentence that resonates the most. Contemplate the truth and watch for the signs of transmutation. It is the awakening of our bliss because we become imbued with our original DNA blueprint.

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# Acceptance

Because life is so unpredictable, it serves us to master the art of acceptance. Being accepting is a strength of intelligence which facilitates a calmer, clearer existence. It is a quiet consciousness of observation and preservation. When we accept life on life's terms, we take charge of our own destiny. We masterfully source our higher wisdom and handle our challenges with a greater intelligence. This mindfulness disarms our adversity, anger and anxiety. Our journey here becomes less stressful and more serene. As a result, our body resonates to a higher and happier frequency. This frequency allows our soul to remain peaceful, therefore our human spirit becomes energized, enthralled and excited.

Remember: *Acceptance* leads us to a rejection of what is not good in our life, which leads to an injection of what is very good for our life.

# Accountability

The road to mastery is paved with self-knowledge, self-discipline and personal accountability. We view ourselves responsible for a standard higher than anyone expects of us. We are direct, devoted and determined. Through holding ourselves accountable, we arrive where we are truly destined to be. The charged energy of denial, confusion or deception no longer exists. We develop a solid sure-footedness because our integrity and impeccability cement our foundation. Our accountability is lived through our truth and humility. Life may not be exactly what we bargained for, yet in the end, we become so much more than we ever hoped for. One would call this a prized personal victory.

Remember: *Accountability* is believing that the greatest homage we can pay to the truth is to use it.

# Affection

There is no blessing in life like sweet affection, the gift that soothes and heals. No matter what the problem, when we put our arms around a person or animal, pat their head, or hug them, their hurt magically diminishes. The soothing energy of our universal heart reaches out and touches the ailment of their heart. It has been proven over and over again that loving kindness is the best medicine for any painful situation. We can live without food and water longer than we can live without love. Affection is the expression of our consciousness, caring and compassion. Our empathy, sympathy and understanding are voiced through our hands. This kindness preserves a rewarding reverence for all that we touch. We become a beacon of light and a signal of hope.

Remember: **Affection** is a sacredness which springs forth from a loving and guileless heart.

# Apologies

Amends are the ingredient to putting our lower ego to sleep and awakening our higher heart. The easier it is for us to say “I am sorry” with no attachment, the easier it is for us to be forgiving of ourselves and another. There truly is nothing nobler than this kind of humble interaction. Apologizing lights the way to freeing ourselves from any residue of darkness left in our space. We pardon ourselves from the wrong doing and are clear that we have completed our part of the equation. We are now freed from heavy feelings of guilt that could have held us back from fulfilling our potential. Being apologetic brings forth and anchors our humility and sincerity, thus empowering our spiritual splendor.

Remember: *Apologies* are a necessity for our soul; however, over apologizing is a nuisance to our spirit.



# Awakening

The search for our happiness is always found in the pursuit of our purpose. All of us have a slumbering dynamo inside just waiting to be released and expressed. Let's arouse ourselves and call upon our magnificent indwelling spirit. It is now the time to awaken the hero and heroine within. The hour has arrived for us to ascend to a higher way of thinking. Masters believe there is a curtain which divides us from the unlimited universal potential. Unveiling this curtain unleashes our hidden power which is lying dormant within ourselves. We are then assured not to fall asleep and miss the promised land we promised ourselves. Let us be awesomely alive and aligned with the almightiness that burns within our hearts.

Remember: *Awakening* out-rageously in-spires an in-novative search to something out-standing.

# Awareness

What is truly essential is, more often than not, invisible to the eye. The most significant things are usually concealed amongst the smallest details. To access our empowerment, we must begin to sharpen our senses. Do not be oblivious, look beyond the obvious. Awareness is the first step of the sacred laws because the lack of it gives the dark forces room to play. It is also the first step to a successful life. To be a wise one, one must be an aware one. Our awareness is a quickening of acute protection for ourselves and those in our life. We deliberate with caution but deliver with courage. This act of self-respect facilitates a profound upgrade for our human evolution.

Remember: *Awareness* holds within it the primary force of spiritual prowess, prudence and power.

# Authenticity

Our authenticity births an aura of safety and comfort because it is based on truth. When we are not attached to an outcome, we give our authentic feelings a chance to seed and blossom. We come to realize that our happiness depends more on our inward realness than any outward circumstances. There is nothing more successful than just learning to be comfortable with who we are, what we think and how we feel. This is the true essence of the words 'personal freedom'. We live our life in the fabulous vibration of....I am free to be me, not thee, nor he, nor she, no degree, no payment or fee, just plain me, from A-Z for all to see....how much simpler can it be!

Remember: *Authenticity* is our personal signature that we came in with and the **ONLY** thing that we will want to leave with.

# Balance

In this very hectic world, living a balanced life is one of the most difficult things to achieve. Too much of one thing is truly too much of everything. We have a responsibility to live in harmony with our four senses - mind, body, spirit and emotions. All of these need equalized time, focus and attention. When we realize that nothing has to go right in order for us to feel right, we let go of all ego-desires that keep us unbalanced. We redeem our centeredness. Budgeting our time is equally important as budgeting our money. Our true fate cannot be fulfilled if we feed a frenzy. Our destiny will only manifest through our good hearts and our balanced minds.

Remember: *Balance* comes from the awareness that though we live with our four senses, we leave with only one - our spirit.



# Basicness

This planet is so filled with glitz, glimmer and glamour; we essentially forget why we are really here. Truly, now is the time to get back to the original, basic universal concepts. When we are humble, we are high-minded and when we maintain our humility, we are spiritually advanced. We are not concerned with what we have on the outside; we are more concentrated on what we have on the inside. This soothes and touches our souls the most. The truth is our hearts sing through simplicity. Fundamental basicness holds within it the essence of comfort, safety and serenity. Our simple life becomes the soft whispering amongst the complex clamoring of the world.

Remember: **Basicness** is the basis for all that is beautiful, beneficial and bountiful.

# Beauty

In today's world, we certainly get disturbing messages on what beauty is. The beauty portrayed in our media has nothing to do with the universal concept of beauty. Being divinely beautiful does not have a gender or face. It is a higher vibration of character, grace, integrity and compassion. When we live life with this dignity, we create a beautiful arena that has a presence of safety, comfort and openness. This opens the door for ours and another's soul's solace. Through this beauty, love manifests in whatever we do and whomever we touch. Let us "face" the facts. Real beauty is not made up, it is meaningful. It is not plastic, it is purity. It is not seen, it is felt. It is not power, it is purpose. It is not based on ego, it is based on empathy.

Remember: *Beauty* is a rapture that no picture can capture.

# Blamelessness

Feeling blameless is an emotional freedom that simply cannot be expressed sufficiently in words. Because we are here to learn, we all make mistakes; they are unavoidable. No person has ever become great, except through many great mistakes. Our human nature makes growing difficult because our ego wants to fight back, blame others and be right about things. The following four steps catapult us to a higher plane of wisdom and understanding. One: take full responsibility for the part we played. Two: quickly make amends for our errors. Three: intelligently focus on what can be said or done to transmute the challenging situation. Four: take appropriate action. Then sit back and enjoy life's higher journey.

Remember: *Blamelessness* means we do not ride over our purity by overriding our mistake.

# Bliss

The Universe is designed to spark people's blissfulness. This bliss is manifested by living our life in an open-hearted way, void of any narcissism. We subsequently create divinity in everything we do; knowing what serves the highest good and what does not. This facilitates an opening to the portal of great things happening beyond our imagination. We become thrilled by our endeavors, filling our life with wonder and love. Feeling blissful comes from the acknowledgment that something outside of ourselves is the ultimate source of all prosperity. Bliss is the yet-to-be explored world that propels us towards the happiness that can ONLY come from above.

Remember: **Bliss** is the natural phenomenon that occurs when our holiness gets activated.



# Boldness

When we are bold, the Universe cheers and mighty forces come to our aid. They assist us in quelling our gnawing thoughts that come from our anxiousness and propel us to a higher plane of activation. Being bold is a combination of creativity, courage and conviction. We tread where others have shown fear. We walk where others have hesitated and we speak where others have silenced themselves. Life is short and we have a limited amount of time to open the doors to our unlimited potential. What greater testament to our soul's journey than to be able to say – I came, I saw, I conquered so that the essence of my true self is left behind and felt. This is testimony to our genuine greatness.

Remember: **Boldness** eliminates the worst statements of “it might have been” or “it should have been” or “it could have been.”

# Caring

Caring is a sacred flourishing that restores the soul and heals the heart. Every time we care, we extinguish indifference and diminish separateness. Caring for others is always a means of becoming closer to a perfected programming. This swell of warmth is the strongest weapon against cosmic crisis and global suffering. It is a movement towards a higher form of being steeped with a consciousness that is holiness. Every caring thought or feeling creates a wave of wellness. People do not care how much we know until they know how much we care. Being the hands and heart of heaven comes from a sincere willingness to be responsible for all of mankind.

Remember: **Caring** is heaven designed, keeping our hearts aligned and our minds refined.

# Certainty

Success is built on certainty and clarity and lost in vacillation and confusion. Therefore, the most empowering thing we can do is train our minds to be certain. We need to observe everything, discern wisely, study diligently and put that knowledge to greater use. So many of us are afraid of failure, but failure is a necessary step to triumph. We reprogram ourselves to see our errors as lessons, guiding us to manifest our higher dreams. Never be afraid of a mistake; be much more afraid not to make one. Lack of certainty is a dam, blocking all the creative potential we have. An abundance of certainty, fiercely riding the wave, no matter what the odds or opinions, is a statement of our true spiritual power.

Remember: **Certainty** is a profound illumination of our infinite intelligence.

# Change

Nothing ever stays the same; therefore let us be wise and view change as exciting and exhilarating. When we stop changing, we start dying. Beginnings only occur when endings are allowed. This movement is the cornerstone of all that makes life fascinating. Spiritual vibrancy is seeing change as a real opportunity for growth. This requires clarity, passion and determination. Be prepared at any given moment to give up ego-manifested fear and change the old identity for a far superior one. The core of man's existence and exaltation comes from new experiences. The most significant achievement in life is not so much where we are, but in what direction we are moving.

Remember: **Change** comes from knowing that we must empty before we can be refilled and therefore ful-filled.



# Choices

In this world, choice not chance determines human destiny. Be intelligent and choose with integrity and impeccability. In the midst of fervor, keeping calm ultimately avoids calamity. Our choices speak of our character. They define who we are and what we stand for. We ought to take our path seriously; if not, no one else will. The foundation of our very existence is based on the choices we make. Be diligent yet dashing, doubtful yet daring, decisive yet dazzling, different yet discriminating and dubious yet determined. Our new store-fronts and frontiers for living will then magically appear. Our choices become the lighthouse in the sea of the unknown.

Remember: **Choices** that are good today create a grand future for tomorrow.

# Commitment

Whatever the mind can conceive, it can achieve. Definite-ism is stronger than optimism, making life so simple. However, it takes emotional courage and spiritual strength. Strange indeed that people on the earth plane are so afraid to commit, yet nothing can work without it. Commitment eradicates all fear of love and success because it is a deliberate enthusiasm that says “I am going for it - whatever it takes”. This kind of certainty funds a new sense of firm confidence. We detach from the outcome, thus eliminating worry and anxiety. When we commit to something, the Universe listens, and then makes a commitment to us. Masters say that if a person could have only one attribute, let it be commitment.

Remember: **Commitment** is to an abundant life what yeast is to bread – nothing can rise without it.

# Compassion

Compassion is our connectedness to the invisible spectrum of spirit that attends mankind. Feeling compassionate is a mingling of being beautifully kind-hearted, open-hearted, soft-hearted and warm-hearted. When masters speak of a loving humanity, they are making reference to compassion. This is a blending of mercy, benevolence, charity and tolerance. Compassion comes from a deep and desperate yearning to understand our fellow man, a gift that goes beyond empathy and sympathy. Mother Teresa said, "If the people of the world would source their compassion, we would have no suffering of poverty." There never has been a heart that was great that was not also compassionate.

Remember: **Compassion** is a mightiness in itself because it leads to a giving beyond reason.

# Connection

When we thirst our human desires, we lose our connection to our higher self. There are five dimensions of the human soul: the body, the emotions, the mind, the spirit and the highest - cosmic unity. When we connect with the higher dimensions, we are able to understand wisdoms that would otherwise be unknowable to us. Seeing our world from a different perspective, we let go of people, places and things that do not serve the greatest good. We develop a dedication to our own impeccability, thus allowing the celestial forces to reach others through us. These spiritual frequencies create a higher evolution for ourselves and all of mankind. Wonderfully, cosmic unity is the end result.

Remember: **Connection** with a higher power is like electricity, ever present, but we have to plug in to receive its benefits.



# Consciousness

Human consciousness is the unseen communication from the higher force fields. To be conscious is to draw from our intelligence, integrity and mindfulness. We thereby become a forceful energy that can remedy any situation. Lines between black and white can be clouded by an instant of unconsciousness. Therefore, by being conscious, we bring order to chaos and wrongs become righted. We welcome accountability for the wellness of this wounded world. Our tears come forth as a display of our conscience, because to cry means Consciousness Reaching You. To quote Einstein, “No problem can be solved from the same level of consciousness that created it”.

Remember: **Consciousness** is an awareness that if we are not even a small part of the solution – we are indeed a large part of the problem.

# Cooperation

Cooperation was the original blueprint for our world. In fact, the word for competition in Latin was “competere” which meant - to seek with. Cooperation affirms a happier life, enriched with the blending of souls. It creates a much vaster destiny for ourselves because there is a greater good for all involved. Cooperating with others creates a unified team, whereby everyone is honored for their individuality. Team means Together Each Accomplishes More. Immersing ourselves in this energetic force field becomes our spiritual lattice. Our once considered competitors become our community. This movement eliminates lone-liness and instigates love-liness. Our cooperative spirit pollinates unity, and from this unity grows peace.

Remember: **Cooperation** is the operation to develop a world void of separation.

# Courage

Courage is the thunder of our beings, arousing and transforming us. It enables us to tap into an energetic wave with conviction and certainty. We then see each obstacle as an opportunity in disguise. The masters use fear to motivate them rather than paralyze them. They view challenges as a way to manifest a will rather than a wound. Take the risk; don't forfeit potential that is waiting in the wings to be discovered. Bravery leads to the grandeur that was once a dream. "Coeur" in French means heart. If one follows their heart, they will, more often than not, find that their courage is not far behind. We derive strength and power from knowing that if we do not feel fear, we cannot feel brave. Truth be told, the best hearts are forever the bravest.

Remember: **Courage** is not blindly overlooking that which is dangerous, but in studying and conquering it.

# Creativity

The Universe gives us all different gifts and then loves the world through us. Listen and tap into this endless reservoir, where there are unlimited resources available. Our creative instinct is our birthright and internal nature. To be creative is to be content; the most powerful weapon against depression and despair. We need to deactivate doubt and join with the flowing current. Creative forces are the strongest influence for birthing hope and happiness. To be creative is to be in a state of oneness with the Creator, opening to the miracle of our soul's splendor. Through this individual creativity, the higher universes attach themselves to our heavenly "I Am" presence.

Remember: **Creativity** is a platform for an art form to inform and transform.



# Decisions

Even more than we are doers, we are deciders. The difference between a leader and a dreamer is the ability to make good decisions. Wise decisions are made through contemplation and sound judgement. We do not stay stuck in the mid-breath that is instigated by fear. There is nothing more challenging than confusion because it muddies clear waters. Being decisive, putting an end to uncertainty, quickens opportunities. Let the higher decisions prevail over the lower, because they transcend the limits we put on ourselves. These higher thought forms are connected to universal consciousness, which is a wellspring of wisdom and brilliance. Making a good decision is based on knowing that when we do right, we cannot go wrong.

Remember: **Decisions** turn an illusion into an intention and a delusion into a direction.

# Destiny

Destiny is our connectedness to the divine plan, our reason for being here. To not fulfill our destiny is to live an unfinished life. Because we are all one cosmic family, it is easy to confuse our destiny with another. Untie tangled webs that thread us to people and places where we do not belong. Knowing our destiny is knowing our soul, and knowing our soul is our protection against confusion and carelessness. In order to reach our predestined place of honor, we need to expand our hearts, stretch our minds and savor our spirit. We then become what we were destined to be. Our potential meets our power and our power manifests our purpose. Our destiny is our birthright because it was designed in a divine presence before the thought of us was conceived.

Remember: **Destiny** is fate foreordained.

# Divinity

Divinity is the union of our human and heavenly nature, whereby our personality and soul walk hand in hand. Being divine is a discipline, interacting with no hidden agenda. It is a reverence to all of life. We make decisions with the expectations that our prayers will be answered. Feeling divine generates ascended thoughts, because it is a knowing we are ONE with the Universe and all its splendid potential. Divine planning holds the vision of wonder and wellness for tomorrow, thereby creating a more exhilarating today. To behave divinely is to be aligned with the forces of the higher frequencies. We live with the consistent consciousness of activating our heart and deactivating our ego. This truly makes for an earlier heaven.

Remember: **Divinity** enraptures all that is happy, hopeful and harmonious.

# Enlightenment

Enlightenment is a quiet inner standard of emotions and a silent outer standard of mindfulness. The masters teach the following four skills to problem solving - name it, claim it, tame it, aim it. Enlightened ones do not put an emphasis on the goal, only how one takes the road to the goal. This road is a disciplined commitment, whereby we receive any and all rebuke and swiftly self-correct. Striving for enlightenment keeps the universal plan alive. We tend it carefully, with no complacency, never needing proof, only providence. Enlightenment is a resonance of light, love and laughter matched with purity, perseverance and promise. Do not be fooled - enlightenment can be obtained in one lifetime.

Remember: **Enlightenment** is a sacredness that goes beyond an action - it is a sacredness that IS the action.



# Enthusiasm

Enthusiasm is the torch of light that shines on every situation. It is the whisper of our soul's delight being heard loud and clear. Feeling enthusiastic keeps us amazingly alive, creating a momentum that produces extraordinary results. Enthusiasm is the producer of certainty and creativity, whereby we do not let others dampen or darken our spirit. Being an enthusiast keeps one's heart pumping because we awaken to the pulse of the Universe. Enthusiasm is the spark that is magic for the logical mind, transforming a pessimist into an optimist. Owning our enthusiasm is a statement of our confidence and our connection. Like a matchstick, we light the way to miraculous events happening.

Remember: **Enthusiasm** is the fusion of our courage and charisma, with no doubt or confusion.

# Faith

When faith is bonded to action, one stands in their full power. Faith is belief without evidence, keeping us optimistic even under the most trying circumstances. Having faith transmutes fear, depression, despair, anxiety and doubt. We have a knowing that the Universe is our silent partner, whereby our mind chatter stays quiet. Faith is the almighty alchemist, turning the mundane into the mystical. This keeps our spirit connected and our soul alive. Faith is water in a barren desert, a blessing that knows no boundaries, and yet, like water, can move mountains. For those who have faith, no words are needed; for those who do not have faith, no words are heeded!

Remember: **Faith** establishes a sacred shield of positive forces that negative forces simply cannot destroy.

# Focus

Whatever we focus on becomes our reality. Thomas Edison made over five thousand attempts before he discovered the right filament for the light bulb. Look how the world was created in seven days! Focus is the gift that turns confusion into certainty. It is a virtual force, the evidence of staunch hearts and fearless minds. When applied properly, it creates the powerful convergence of thought, action and end result. By focusing on something, we energize it; by completing something, it energizes us. Focus refines our thoughts and defines our passions creating the emergence of our power and purpose. This transmits information in a conceivable way so the Universe can hear us.

Remember: *Focus* transforms our limited thought forms into our unlimited potential.

# Forgiveness

Forgiveness holds within it power for our peace of mind. It transmutes fury and frustration into calmness and courage. Feeling forgiveness is the oil that lubricates the friction within our hearts. One does not have to pardon the wrong doing; one just needs to relinquish the anger generated by the wrong doing. Forgiveness is by far the greatest present we can give to ourselves because it releases us from bondage to the past. This, in itself ignites and invokes a complete sense of freedom. We eliminate drama, thus transcending our emotional impulses. By forgiving another, we inevitably forgive ourselves. This kind of pardoning gives breath to our soul and wings to our spirit.

Remember: *Forgiveness* should not be rushed....on the other hand, it should not be hushed.



# Freedom

Freedom comes from a state of mind, not being attached to what others think. Feeling free from this kind of attachment is a successful achievement in itself. It stimulates the activation of our divinity gene. There are millions of people so fortunate to live in a free country; unfortunately they feel imprisoned by certain circumstances in their lives. Yet, when Mahatma Gandhi and Nelson Mandela were imprisoned for years, they felt totally free. These momentous occurrences were based on their certainty and passion for their mission. The importance of these events proves that to feel free is to be free. This transpires when the potential of our human wholeness is inspired by the power of our spiritual holiness.

Remember: *Freedom* is the feeling birthed from our internal independence.

# Generosity

Every unselfish thought has within it the seed of righteousness. Selfishness causes us to see competitors in everyone; whereas generosity seeks and finds brothers and sisters in all. We thrive as a benevolent one, free from lust driven greed. Living generously is the collaboration between the human being and the higher forces. To be giving is to be humble, honorable and heartfelt. It is a spiritual responsibility that creates timely transformation. Giving unconditionally is the free-hearted, free-handed action on behalf of the Universe, thus eradicating imbalance. Congruently, being generous is a vehicle for us to show our gratitude for the blessings we have experienced. Masters say, "Living a good, generous life leads to a happy death."

Remember: *Generosity* is the needed seed that transforms greed.

# Genuineness

Genuineness is a spiritual awareness achieved as a result of personal breakthrough. It is our primal sincerity propelling us into our destinies. Accessing our genuine self is just a matter of our external growth meeting our internal knowledge. Magically a map drops from the sky that leads us to the promise we promised ourselves. We then transcend our third dimensional physical reality and jump into our universal authenticity. We travel beyond any barriers that have held us back. Genuineness is our true authorship which leads us to our reason for being. We ignite our elevated soul conscience which is inspired from our innocence and instigated from our ingenuity.

Remember: **Genuineness** in ourselves is always connected to the genius in ourselves.

# Goodwill

Goodwill creates a wave of positive energy, invoking spiritual healing. It produces an aura of protection around those who offer it to another. Talking about something is not sufficient; above all, we have to be examples of goodness. Goodwill is the universal mother being instinctively manifested through us, restoring hope to the existing wailing world. However, it also brings hope to ourselves because, more often than not, we are happiest when helping. Blindly accepting divine direction, we emulate the Universe's unconditional caring. This becomes the fundamental building of our character. As Confucius said, "He who wishes to secure the good of others, has already secured his own."

Remember: **Goodwill** is the eternal bright light that diminishes all forces of darkness.



# Grace

Grace is a higher intervention within the human experience. It is a universal law that is brought forth from sacred discipline. Grace brings peace to the heart, intelligence to the mind and solace to the soul. It becomes a shield of positive energy that protects us from all negativity and fronts the refinement of our character. Is it no wonder that masters considered an attainment of grace an attainment of mastery. Having grace is the best defense against the darkness because its essence defends respect and honor. Grace is a mindful gentleness, a divine influence, completely ego-free and non-competitive. There is no grace in grandiosity; however, there is such grandeur in grace.

Remember: *Grace* is a quiet force of dignified richness that repairs, replenishes and revitalizes.

# Gratitude

Gratitude is a consciously drawn energy from a higher power and our connection to the Universe. Seeing the glass as half full instead of half empty is a testament to our own enlightenment. The wisdom of gratitude contains the solution to the mysteries hidden in our problems. It is the primary emotion that pulls us through all hardships and elevates all existence. Feeling grateful is our handshake with divine forces, affirming that something outside of ourselves is guiding our life. Being grateful is the defining characteristic of grace within the human spectrum. Gratitude has within it the principles of fairness and faith. These elevated thought forms confirm our commitment to universal consciousness.

Remember: *Gratitude* is an attitude of high altitude.

# Happiness

To find happiness, seek the sacred within the ordinary and the remarkable within the commonplace. Read news, see films and watch TV shows of peace instead of pain, intelligence instead of ignorance, harmony instead of horror, love instead of lust and vision instead of violence. This manifests a circuitry of light around ourselves, infused with wellness and wonder. Laughter is a divine anti-depressant, a vibrant victory over the dark forces. To be happy or to be sad is always a conscious choice. When we choose happiness, we beam out a radiant light to everyone we come in contact with. This inevitably assists the collective endeavor, thereby creating the recipe for heaven on earth.

Remember: **Happiness** is usually the result of circumstances, but true happiness endures in spite of circumstances.

# Harmony

The word harmony is derived from the words heart and money. The most sacred gift one can give is the sharing of their heart. However, the world is also desperately in need of the sharing of money. There is an imbalance that must be addressed if we are to manifest a harmonious planet. We sweeten the bitterness by holding ourselves responsible for the scales of injustice. Let us be the indwelling heart and hand for the Universe. To create balance is to create harmony; to create harmony is to create heaven. It is a certified contract of empathy and equality, being carried out in collaboration with our compassion. We then become a divine messenger for a greater humanity.

Remember: **Harmony** is when happiness and virtue rest upon each other.



# Heart

The heart has an intelligence all of its own. It is no coincidence that the word “hear” is in the word heart. The heart of a problem is always a problem of the heart. Openheartedness is the key to a new life unfolding because it is love-based and therefore limitless. If we are ever going to witness peace, we must learn to follow our hearts. Our heartfelt feelings are the activation for our soul’s ascension. If we follow our hearts more and our heads less, we will create a safer, more loving planet. Our heartfelt feelings are the vehicle that can transform all grief into great joy. Our world will then pulsate with the radiance from the universal realm, whereby we will witness spiritual liberation.

Remember: **Heart** defeats our ego and demands our empathy.

# Humility

Humility is one with a divine heart. This is the opposite of arrogance, which is controlled by the ego. To be humble is to be heartfelt, a gentle whispering amongst the harsh noise of this world. Whether a President or a street person, we are but one small instrument in the Universe. Humility holds within it the essence of grace and dignity. Masters knew that humility was the basic principle for enlightenment, a power birthed from the sacred. This foundation of spiritual greatness is a mixture of mercy, mindfulness and might. One who embraces humility is rarely humiliated. Our humbleness becomes one with our nobleness and we experience life from a higher state of being.

Remember: **Humility** comes from hosting what we have internally, not boasting what we have externally.

# Humor

Masters teach that having a good sense of humor is the highest form of mastery. In fact, humor is whipped cream for the serious minded, and wit is ice cream for the level-headed. Problems cannot be escaped in our everyday life, so the most powerful thing we can do is respond to these difficulties with a greater sense of detachment. As fear begets fear, smiles beget smiles. Laughter can sometimes be the wisest problem solver. When we laugh and let go, we leave room to create a more peaceful atmosphere for ourselves and others. Our humor helps us develop flexible thinking which leads to pleasing solutions. Being amusing is the best mood drug because it has absolutely no ill side effects.

Remember: **Humor** is a way of not losing our joy to something not of our choosing.

# Impeccability

Impeccability is the authentic yearnings of our soul. No matter how people react to our actions, what's most important is our own pure thought forms. Our intentions become irreproachable and beyond criticism. Live life motivated by flawless integrity. Look a person in the eye, own the truth and then be clear. This is impeccability communicating through us, which manifests the master within us. When we marry our purity and our purpose, we become the vehicle for an enlightened force field. The potent power of heart intelligence over mind thought forms create a tidal wave of positivity. This positivity cannot be explained; however it also cannot be explained away.

Remember: *Impeccability* is our strongest protection because our character cannot be threatened.



# Inspiration

To be inspired is to be consciously connected to our higher presence. This facilitates an ability to pry aside obstacles that keep us disconnected from our potential and power. Inspiration is passion meeting purpose, a heavenly application joined with human manifestation. Higher authorities are infusing us with a fire that ignites the heart. We become magically motivated, whereby we are imbued with hope and happiness. This feeling is a spiritual stimulus that is exalting, exciting and extraordinary. It is an energy that moves within us to activate a movement through us. We receive an enlivened invitation that is jetted by a universal life force. Our mind, body and spirit then take flight.

Remember: **Inspiration** is not to be analyzed; so no threat of it becoming paralyzed.

# Intention

No matter how people react to our actions, the only thing that really matters is our intention. Live life motivated by egoless purity, with no hidden agendas. Good intention is the act of genuine caring and the foundation for world wellness. When we are intent on beneficial things happening, nothing can interfere with that momentum. Intention, when directed from a higher source is a meaningful expression conceived. It is a notion formed from outside the mind, a divine directive of decisiveness. Intention is the statement of our energy before manifestation occurs. Therefore, clarity of intent is completely crucial. We may not find a house for our intentions but, in the end, our good intentions always find a home.

Remember: *Intention* should never be formed in tension.

# Intuition

Intuition is a gut feeling that teaches discernment. Our intuitive feelings show us who we can help and who we cannot. This assists us in being able to differentiate between what is important and what is trivial. We then wisely know when to be passive and when to be assertive. Ancient tribes used their intuition as a means of survival. Their intuition was their link to their unseen guides. Intuition is a spiritual faculty guided by the connection that links us to the universal mysteries. It is our cosmic calculator and our karmic compass, cautioning us to be careful and not careless. Never argue with intuition because angelic invisible protectors are constantly in our energy field trying to get our attention.

Remember: **Intuition** is our psychic intelligence paving the way for our protection.

# Kindness

Genuine acts of kindness to just one person can affect the whole Universe. They are a statement of our responsibility for the wellness of the world. Acting kindly is a stepping stone to creating a more respectful humanity. Spiritual teachings state “when in doubt - always do the kind thing”. As a result, we refine and define our own character. Kindness is the essential quality that extinguishes indifference and injustice. Being kind is a symbol of sanctity, free from material concepts. Kindliness is purpose rooted in purity and compassion, a sacred intelligence being birthed from our hearts. Through our smallest deeds of kindness, we make a huge inroad to happiness, health and harmony for ourselves and our entire planet.

Remember: **Kindness** in action always oversees the blindness in non-action.



# Leadership

Divine leadership follows the principles of the higher laws. It is a commitment to unflinching truths, with no manipulative agenda. Power must be free from ego because E-G-O translated is Edging God Out. These times are crying for exemplary leaders. Leaders must live it - then lead it. One must be honorable, humble and have a sense of humor about their shortcomings. The art of leadership is the art of listening and learning. A good leader knows to establish a secure line of communication to a higher power, willing, wanting and waiting for divine direction. To lead well is to heed well! Good leadership establishes a touchstone of noble virtue that cannot be denied or doubted.

Remember: *Leadership* is not exemplified by what we say but in how we act and in who we are.

# Learning

The universal laws are a four step program, designed for the developing master. 1: learn broadly, 2: examine completely, 3: discern wisely, 4: practice promptly. Longing to live comes from loving to learn. This incredible stimulus expands our minds and awakens our souls. A mistake is the best opportunity for our personal growth and continually repeated until it is learned. Be smart, savor the lesson and be thankful for the opportunity. Learning is harnessing help from above, igniting our higher intelligence, which is the direct pathway to remembering who we really are. A teacher must always continue being a student because learning keeps our humility intact....and that's a fact!

Remember: *Learning* is intelligently knowing that there is much to learn and there is more to unlearn.

# Love

Love is the primary expression from the forces of divinity. The power of love is the power of life. Loving is what keeps the heart surviving and the soul thriving. It overcomes all shadow feelings, such as fear, pain, anger, discouragement and hurt. If we do not love ourselves, we cannot love another. The paradox is, if we do not love another we cannot love ourselves. Life without love is like a rose bush without roses, only to be left with the thorns. Love is the quickening to universal unity and global transformation. The art of loving is the cohesive power of the human experience. Love is the soul's solace, servitude, survival and sanctuary. The ambition of love is to be truthful and to be trusted.

Remember: **Love** for the sake of being loved is human; love for the sake of loving is enlightenment.

# Loyalty

How unfortunate it is that betrayal is such a common occurrence on this earth plane. Being betrayed is a travesty that breaks the heart and punctures the soul. Betrayal stems from envy and envy diminishes all in whom it takes possession. Keeping the bond, keeping the word, keeping the trust is staying true to the sacred contract we made with our higher self. This kind of loyalty serves as a protection for our innocence and is a devotion to our own divinity. It is an allegiance that adheres to the universal laws. Loyalty is the moral behavior that speaks of our spiritual character and a perseverance that addresses our primary principles. Being firmly loyal is the foundation of all that is fundamental.

Remember: *Loyalty*, from the Universe's perspective is honored as deserved royalty.



# Mastery

Spiritual and emotional breakthroughs are the most important achievement for the developing master. Challenges on the earth plane are to be used as a way to reach union with the universal realm. The “path” to mastery requires self-knowledge and personal accountability. The “high-way” to mastery is directness, detachment, discernment, dedication and determination. Both roads break the chains of ego and illusion, leading to a more enlightened way of being. In establishing mastery, one’s life must be meaningful. Being masterful is when our infinite intelligence is energized by our unwavering interest. This is a statement of our devotion to higher elevation and evolution.

Remember: *Mastery* is the adherence of the laws of the light to the laws of our life.

# Messages

It is an incredible honor to be chosen as the voice for the unseen realms. The price of knowing is the responsibility of sharing, with no attachments to the outcome. When messages reveal the dark side of something, they must be delivered with heart, humbleness and honesty. It deserves a direct, yet delicate delivery. When messages reveal the light side of something, make certain it is integral, innocent and intelligent. At all times, messages are meant to be used as a means of information for transformation. The intention of the messenger must be impeccably pure. Messages are to be helpful not harmful, protective not painful, mindful not manipulative and loving not lustful.

Remember: *Messages* from above consistently reveal the higher order for the human experience.

# Miracles

Miracles can only materialize from pure intention and divine intervention. Miraculous events do, in fact, happen as they did in olden times. We just need to transmute our doubt and believe in them. They occur constantly; however, we are too preoccupied to really notice. Tune in to the astounding, the wondrous, the spectacular and the supernatural. Do not be cynical, look up and beyond third dimensional borders. Open to the radiance of the spiritual energy fields. For some, miracles are an everyday event, proving it can happen for us all. Be like Dumbo, the elephant: he believed he could fly - so he did. The message?....  
Dumbo = Don't Underestimate Miracles Be Open.

Remember: *Miracles* are birthed from expanded feelings that externalize faith.

# Mission

The soul only develops fully once it accepts its mission. It is a stirring of love put into action in alliance with the universal plan. The masters tell us we should believe as if everything depends on the higher realms, and act as if everything depends on us. When we feel aroused by a problem, we are most likely finding our mission. This calling propels us to our life's purpose. We have a responsibility to respond to our heart when it is screaming to be of service. A mission is a directive from heaven, empowering us to balance the scales of injustice. Manifesting our mission is our compassion and our consciousness joining together to create a more meaningful existence.

Remember: **Mission** is our purpose and destiny graduating into its rightful place.



# Money

Sadly, money is the one common denominator that divides us all. Presently, it holds the vibration of fear, corruption and greed. Therefore, it is our responsibility to convert this vibration from a vice to a virtue. There is such an imbalance. Money without love is worthless to the soul and love without money is a real burden to the heart. Money was, and is, intended to be the vehicle to end all injustices and suffering. For this to transpire, we need to change the “me” to the “we” and the “greed” to the “need”. The energy of money being the root of all evil must be transmuted into money being the crown of all that is good. This is not a dream – wake up and realize that this is our collective human destiny!

Remember: *Money* has little value to the one who has it unless it also has value to all.

# Openness

Openness is the key to all good things happening. It is the ability to welcome those who are different from ourselves and invite things in that are outside of our comfort zone. When we are open-minded, we embrace the unknowable which creates a much vaster existence for ourselves and those involved in our life. We cannot grow if we are closed. As a result, our spirit dies and our soul withers. Being open to the Universe and all its potential sends our spirit flying and our soul soaring. We become ignited and stimulated by the radiant, unseen forces that create miraculous events. We become free from world-based fear. Before we know it, our potential meets our power and our power meets its perfect mates.

Remember: **Openness** allows us to expand our horizons beyond what we ever thought possible.

# Patience

Between the bombardment of all the stimuli and choices coming our way, patience is vital to our soul's serenity. It cradles the quietude of our mastery. To know how to be patient is the great secret of success. Being patient is letting things unfold as they should. Higher intelligence can only reach us when we are patient and still. Patience reforms the emotion and refines the mind. Better to be patient than to be at risk. In truth, impatience almost always undermines our well-being. Through our patience, we develop a compliant composure and uncomplaining steadiness. Many times, patience accomplishes more than passion. It is not passive; on the contrary, it is an active concentrated strength.

Remember: *Patience* is the greatest gift of patience.

# Peace

To be a peace-master, we need to master the way we speak our “peace”. We are responsible to communicate in a way that others can hear us; however, we are not responsible for the way they respond. In order to achieve peace, we must first be willing to heal ourselves, and stop our negative emotions that come from our wounds. We are not at peace because our problems are solved; our problems are solved because we are at peace. Peace of mind comes from a certainty that universal laws prevail no matter what the circumstances. This creates a tranquility that stays anchored even in the roughest of seas. Peace does not dwell in outward things, it dwells within the soul.

Remember: *Peace* is rarely denied to the peaceful.



# Perseverance

Some believe that if there was an 11th Commandment, it would be perseverance. Perseverance is the vehicle for soul growth, mind advancement and spiritual mastery. We salute our mistakes, seeing them as an advantage, an opportunity to overcome adversity. We persevere because we hold to a wisdom that it is better to try and fail rather than fail to try. We bravely strive in spite of difficulties, like a wild flame that refuses to be extinguished. Persevering is confidently holding to a worthy course, seeing hindrance simply as a chance for heaven to interfere. To persevere is to not sever before the deed is perfected. This is truly faith being personalized and personified.

Remember: *Perseverance* is triumph - giving umph to trying!

# Power

The difference between those who follow and those who lead, are those who are willing to take their power. In finding our potent and unlocked potential, we manifest power that can have striking results. Amidst the din of this world, we must use our guardian spirits to guide us to our divine designation. Success can only be achieved from the power of intelligence and goodness. We then find the passion that is ignited from the yearning of our heart. Power of this kind flows to the person who is willing and courageous enough to shoulder responsibility. No matter where one places their power, never overlook the greatest power of all... the power of love.

Remember: **Power**, when manifested properly, creates prosperity everywhere.

# Principles

Principles are the rules of right-mindedness and the core of conduct. They are the solemn practice of universal law, the fundamental knowledge passed to us from the ancient masters. Victories of values, virtues and vigilance are made visible through their energy. Principles generate a consciousness that leads to absolute certainty and conviction. They defend and preserve what is divinely intended for the health and well-being of mankind. To be a vehicle for principles is to be a vehicle for a higher way of being; driving home all that is worthwhile. Our principles are what make our character common knowledge. To be a principal player for the Universe, one must follow universal principles.

Remember: *Principles* are not negotiable.

# Purity

Purity is conscience and love blended together with human spirit. It is the soul's reverence, true divinity in essence. Through pure thought, the nature of the divine plan can be birthed. Through pure action, the real nature of the divine plan can be maintained. Purity is being perfectly aligned with the universal laws. This energy comes from the unknown which transcends the physical world. Pure motives are refreshing, reforming, redeeming and revitalizing. They are ego-clear and ego-clean. Because they are guileless and guiltless, they are the main ingredient of a miracle and the substance to make it happen. Through our pure thoughts and intentions, we become the ambassadors for heaven making its way to earth.

Remember: **Purity** is the only pathway back to the promised land.



# Purpose

We incarnated to make a difference. Peace of mind comes from understanding why we are really here. We cannot feel our divine connection until we know our divine purpose. Knowing our true purpose is a protection against being seduced by that which would divert us from our true path. Assist the Universe through creativity and ingenuity. It is the contractual proposal between our potential and our power. Purpose makes all the minutes of our life worthy, making our life worth living. We build a cathedral with our life, which is the surest path to our own karmic cleansing. We complete what we came here to do and whether it succeeds or not, we leave a blueprint for future possibilities.

Remember: *Purpose* is vision made visible and viable.

# Relationship

Relationships are meant to be the divine union and fusion of like-minded souls. Meaningful relationships are based on higher truths rather than idle pleasures. A trustworthy relationship keeps our heart open because it is built on the common ground of goodness and genuineness. It is a deep understanding and mutual respect of differences. For an intimate relationship to be healthy, it must be built on the firm foundation of being good friends. The friendship needs to be unveiled and unfiltered, manifesting moral code, respect and truth. This higher vibratory frequency then establishes a solid footing to call upon when things get rocky, as they inevitably will.

Remember: **Relationship** is connection, protection, rejection, direction, projection, affection and every other kind of reflection.

# Respect

Respect is the social code of interweaving our heavenly nature within our human nature. We hold ourselves responsible for living obedience to the universal laws, making our integrity obvious. Respect is the integration of pure unconscious motive with conscious intent. Being respectful is having a reverence to all living beings and a responsibility to all things happening. Respecting ourselves imbues us with a sensitivity to honor people who are lost and who do not honor themselves. The components of respect - G.O.D. - Grace, Obedience and Decency - are birthed from the high spiritual force fields. In truth, being respected is a much greater compliment than being loved.

Remember: *Respect* is the only ingredient that can eradicate all shameful events.

# Sacredness

Being sacred is being celestial, the exemplary art of harmonizing and equalizing the elements. Viewing everything with reverence is to view everything with responsibility. Considering something as sacred is the anchoring of an angelic presence within the mundane. Honoring someone as sacred is saintly and solidifies the energy of being cherished, blessed, defended and loved. This is a dedication of divinity and a revelation of respect. Sacredness is a statement of sanctity and a commitment to holiness. It is the consecration of goodness and graciousness. Sacred moments are the union between the universal realm and our own enlightenment. The world without sacredness would be like a world without summer.

Remember: **Sacredness** is a pure mindfulness that transmutes all impure dishonor.



# Sensitivity

Sensitivity is our heartfelt connection, birthed through our feelings. How unfortunate that in today's society, many are afraid to be sensitive, therefore we have become desensitized to our surroundings. Denial has become a way of life. As a result, we are furthering ourselves from the divine universal plan. Advanced souls, however, view their sensitivity as one with their spirituality. It is our sincerity spiraling from the source. Our sensitivity speaks of being concerned, careful and compassionate. This, in turn, awakens the intermingling of a sense of responsibility, a sensibility and a common sense. These spiritual interventions are all the makings for saving our wailing, wounded world.

Remember: **Sensitivity** confirms an acuteness of consciousness.

# Serenity

Serenity accommodates the work of awakening one's true divine essence. This essence is the bridge between the conventional physical realm and the unconventional universal realm. Feeling serene is a silent knowing of what is right. Serenity is a devoted application of willingness, wellness and wisdom, the union of our emotional intelligence with our higher intelligence. This feeling of tranquility touches the tenderness of our souls. Serenity is born from the acceptance of things we cannot change which leads to an awareness of things we certainly can change. We then put our good intentions into good deeds. In turn, this goodness quiets our heart's sorrows and leaves us feeling more at peace.

Remember: **Serenity** is the crystallized conclusion of being clear, calm and content.

# Service

Service is doing what needs to be done, even under difficult, trying circumstances. Most people are convinced that the problems are so large they cannot possibly make a difference. This is the farthest thing from the truth. A formula for world wellness: each day do five things to be of service to someone or something. It is a gift to ourselves because being of service is showing gratitude for where we have been blessed. A wise master taught “to serve is to rule” and another wise master taught “the rule for the richly rewarded is to serve and serve and serve.” A life while serving is a worthwhile life because it funds a feeling of worthiness into other people’s lives.

Remember: **Service** transmutes disrespect to respect, exclusivity to inclusivity, loneliness to love, sadness to sacredness and poverty to prosperity.

# Sharing

Sharing is the one solution that can solve all problems. Ultimately, it is the only answer to healing humanity's wounds. In truth, there is enough for everyone on this earth plane. This includes money, time, love, food, water and recognition. Be willing to brave the imbalance and become the blessing for someone less fortunate. Pioneer inroads of great goodness that are beautifully paved with open-heartedness and open-handedness. This kind of sharing creates global karmic ripening. We contribute on behalf of the cosmic consciousness, whereby we transmute selfishness to selflessness, insensitivity to sensitivity, greed to generosity, powerlessness to powerful and coldness to compassion.

Remember: *Sharing* is preparing to be daring in mending the world through our caring.



# Strength

Masters teach us to be strong in what we stand for and careful in what we fall for. True strength lies in the absence of pride and the presence of purity. Universal law is knowing our weaknesses and their priceless values. One of the highest statements of strength is to openly and easily admit our wrong doings. Through this process, one goes from eliminated to elevated. It is a combination of our integrity and intention. Being strong is an ability to captivate consciousness, clarity and courage in an environment filled with confusion, carelessness and condemnation. This takes nothing but constant attention, which takes continued strength. Being strong is living a vibration of vehemence, valor and vigilance.

Remember: **Strength** in muscle is nice but strength in mind.... there is no price.

# Success

Most people judge their success primarily in regards to finances. How foolish because currency is only useful in this lifetime. Money is not taken to heaven as it has no meaning there. True success is genuinely loving who we are and what we do. It is generated from our hearts - not our heads. It is not tangible - it is touchable. It is not elemental - it is energy. It is not a compromise - it is a constancy. The momentum of success leaves our heart singing and our soul soaring. Our spirit and our minds meet as one, co-creating our own unique life canvas. There are eight laws to success: creativity, consciousness, certainty, caring, confidence, cooperation, courage and commitment.

Remember: **Success**, in its truest essence is that at the end of our lifetime, we know we have loved well.

# Truth

Being truthful is not a concept; it is a universal law. Unfortunately, our world has swayed so far from it that we no longer know what the truth is. Emotionally speaking, there are many truths because they are based on our perceptions. Universally speaking, there is only one truth because it is based on infinite intelligence. Truth is the tongue of the divine realms, birthed from a cosmic concept and consciousness. Our wounds create illusions, which are fed from low self-esteem. Our wellness creates truths, which are fed from a higher vibration. It connects us to a straightforwardness that is rarely experienced in this world. Truth is the source, truth is enlightenment, truth is the testimony, truth is timeless, truth is mastery, truth is ALL there should be!

Remember: **Truth** is the lifeline for love – for love cannot survive without it.

# Understanding

True understanding is the language from the heavens, a knowledge that is acquired, retained and extended. Understanding is the wisdom that makes the difference between war and peace. Our duty is not to see through one another, but to see one another through. As humans, we have such clouded vision. We need to broaden our horizons and expand our viewpoints. Understanding comes from the mutual recognition and respect of differences. This wisdom is a humble intelligence that is seeded from compassion and mindfulness. It is our duty to understand another and it is our divine right to be understood. This medicine can heal all the wounds of the world.

Remember: *Understanding* comes from moral conditioning and mindful concentration.



# Values

Values established are a distinct touchstone of virtue, whereby truth and integrity are never compromised. We hold ourselves accountable for all our decisions and actions and do not give in to mediocre behavior. As long as we keep to these values, we keep the agreement we made with our higher selves. This alone creates an intrinsic self-worth which defeats all depression. It is the most valuable aspect in ensuring a lifetime of meaning. We stay true to the commitment for our soul ascension. Our values are the veneration of our character. Through this devotion, we open the way for many divine interventions. They, in turn, become the finest contribution to the cosmic repair job.

Remember: **Values** are truly the most valuable possessions we can have.

# Vulnerability

How sad it is that with all the difficult events happening on this earth plane, we believe we have to hide our vulnerability in order to survive. The truth is, without our vulnerability, we can neither touch another's soul nor our own. This is a gift that keeps our heart open and our soul alive. To show our vulnerability is to show our sensitivity and our authenticity. Being vulnerable is a statement of how we truly feel. It is the way to our wellness, clearing our wounds, making room for our soul's safety. The vital force of vulnerability is the ripple effect of the humbleness it creates. This takes courage, strength and humility because our vulnerability is the voice of our soul's truths.

Remember: *Vulnerability* is our ability to make claim to where the world has left us lame.

# Willpower

Only will makes for change and growth. The more we are willing to unveil our fears, the more we discover the miracle of our full potential. The more we are willing to face our inadequacies, the more we ignite our own full power. Observe everything, study diligently and put that crucial knowledge into positive action. Our willpower is our well power. It connects us to the universal source. Do not stay lost; seek for only the seeker shall find. Have the willingness to give up the old because the Universe cannot fill up what is already full. Be willed by a higher purpose. Then life and all its experiences become what we will it to be. Our greatness lies in our will, not our wishes.

Remember: **Willpower** - will to will THY will - not MY will.... nothing else is required.

# Wisdom

Wisdom comes from going deep within and finding that source of ancient knowing. It is not learned - it is a birthright. Ignorance is our planet's most formidable enemy. This comes as the result of continually ignoring circumstances. Wisdom is a power of true and right discernment, a spiritual process governed and fueled by the higher masters. Being wise is good practical judgement combined with a high degree of knowledge. Knowledge of this kind is primarily filled with prudence, profundity and precision. We become uniquely skilled in having eyes with foresight and minds with forethought. Wisdom is knowing that it is not what one knows that counts, but what one does with what one knows.

Remember: **Wisdom** is a very extraordinary thing and happy are those who have it.