

Wisdoms to the Letter H



- 1. Hear intently, so as not to be tricked or fooled.
- 2. Hold on to our destiny, no matter what others think.
- 3. Honestly speak our feelings.
- 4. Harvest love as a priority.
- 5. **Heed** to proper disciplines.
- 6. Harmonize situations with discernment and knowledge.
- 7. Harbor no resentment.
- 8. Humbly accept our success and power.
- 9. Hardworkingly do what we commit to.
- 10. **Head** up things that matter.
- 11. Hydrate only good thoughts, good words and good deeds.
- 12. Heal wounds quickly and quietly, without drama.
- 13. Harp on that which serves right and pure causes.
- 14. Harmoniously strive to co-create good relationships.
- 15. Help where we can, who we can, when we can.
- 16. Harness intelligence and consciousness.
- 17. Heel to what is virtuous, noble and integral.
- 18. Herd a team with honor and respect.
- 19. Hero-worship only those who rightfully merit it.
- 20. Hesitate to consider all facts before acting on something.
- 21. Heartfeltly give our all to our loved ones.

www.onionhead.org



Wisdoms to the Letter H



- 22. Hustle to create magic and miracles.
- 23. Hasten diligently when knowing something is right and merited.
- 24. Honor all sentient beings.
- 25. Hatch new ideas, using our creative gifts.
- 26. Highlight courage, valor and bravery.
- 27. Hope for justice to manifest for all that breathe in this world.
- 28. Headline certainty and conviction, with no confusion.
- 29. Host good people to do good things.
- 30. Humor mistakes when they do not cause harm.
- 31. **Hug** a tree whenever we can.
- 32. Herald the truth so deception can be silenced.
- 33. Humble ourselves as a way to raise ourselves.
- 34. Hide our ego and display our heart.
- 35. Heighten our self-esteem by not needing to be popular.
- 36. Handle obstacles and challenges directly and clearly.
- 37. Have compassion....but not stupid compassion.
- 38. Hail the presence of a power higher than ourselves.
- 39. Happily accept our responsibilities.
- 40. House warmth, wonder, light and love.

www.onionhead.org