

Colors can often reflect the energy we wish to incorporate into our life. They can also be a reflection of our emotional or spiritual state. The vibration of colors creates an unspoken yet realized energy. Color is a language all of its own. When we are drawn to certain colors, we need to look at what we are saying to ourselves. No color is negative, as each one has its own meaning and empowerment. Colors can help us have more awareness of ourselves and those around is. They are powerful because they can set the tone, make a statement, get a reaction or create an energetic force field. Every color is distinctive, just as we are. Our unique and individualistic attributes partner with the colors we choose to bring into our space, so they can take on a different meaning for each person. Every color represents a personal value and energetic infusion. If you want to know more, there are many books and in-depth information concerning the wonder of colors. This is just a simple and easy way to spark insightful creativity into our personal daily choices.

# Colors that more infuse the Physical

#### Red

passionate, manifestor, powerful, security, confident, ambitious, foundation

## Grey

Yang energy, action oriented, powerful, assertive, mentally sharp, courageous

#### Brown

getting the job done, transformation, making it happen, grounded, making a point

# Colors that more infuse the Emotional

#### Green

openhearted, compassionate, loving, encouraging, understanding, charitable, kind

#### **Yellow**

strong feelings, listener, sympathetic, responsible, nurturer, energetic, fun-loving

#### Pink

harmonious, authentic, soulful, gentleness, innocence, peacemaker, flowing, fluid www.onionhead.org

# Colors that more infuse the Mental

#### Blue

guidance, communication, truth, dialogue, logical, concentrative, direct, clear

## Orange

intelligent, creative, birthing new concepts, a doer, a mover, initiating, outspoken

#### Black

straightforward, strong, courage, decisive, glamor, respectful, dignified, vehement

# Colors that more infuse the Spiritual

## Purple

sacredness, divine thoughts, faith, leader, motivator, enthusiastic, high-minded

#### Gold

yin energy, rewards, riches, opportunistic, importance, nobility, regal, grace, royal

## White

cosmic, purity, expanded viewpoint, open-minded, divine, high, all encompassing

# Off shoots of each Color

Red – cranberry, mulberry, garnet, magenta, sienna
Blue – light, sky, periwinkle, ocean, navy, cobalt, indigo
Green – emerald, forest, hunters, lime, olive, moss, teal
Yellow – mustard, pale, bright, golden
Orange – camel, apricot, salmon, clay
Brown – Bronze, beige, dark tan, desert
Grey – silver, pewter, taupe, charcoal
Purple – lavender, violet, dark orchid, grape
Pink – bright, pastel, shocking
Gold – bronze, flat, rose gold
White – ivory, pearl
Black – has no off shoot

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